



The Lindisfarne

Lindisfarne: An island off the northeast coast of England, for centuries considered holy.

The Newsletter of The Church of the Holy Spirit (Episcopal). Serving Vashon Island, Washington since 1912.



Shrove Tuesday, February 24th, is our day to come together for a Pancake Dinner. We will start serving at 5:30 pm and run until about 7 pm. Come enjoy fellowship and this simple meal. If you would like to help, contact the church office.

Church of the Holy Spirit will have a Meditation Book for this Lent. It is filled with offerings from parish members, each pertaining to one of the days of the season. If you would like to be a contributor (art, photo, original "found" writings, etc) please contact Megan Belia, 463-3657.



Ash Wednesday, the first day of Lent, is February 25th. The Imposition of Ashes will be offered at the Mid-week Eucharist, 12:30 pm, and also at the 7:30 pm service that day.

Inquirers Class

The Inquirer's class is intended to help people, non-Episcopalians and confirmed Episcopalians alike, share their journeys of faith and learn more about the distinctive traditions of the Episcopal/Anglican Communion and the Church of the Holy Spirit.

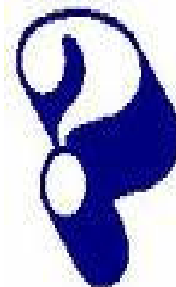
Inquirer's class participants will discuss:

- Church history
- the Bible
- the Book of Common Prayer
- the catechism within the Book of Common Prayer
- the sacraments especially the Baptismal covenant and the Eucharist

The Inquirer's class is open to all adults especially those who:

- are new to the Church of the Holy Spirit or
- would like to be received or confirmed into the Episcopal church or
- would like to renew their baptismal vows

The Reverend Kate Wesch leads the Inquirer's class with the assistance of lay members of the parish. Classes begin Sunday, February 8 from 4:30pm-6:00pm and continue for six sessions.



"My Faith, My Life" for Jr. and Sr. High Students

We are all on a journey-- a journey inward to know the person God made us to be and an outward journey to use our gifts to fulfill God's dreams for creation.

Please contact the office if you have a teenager in your home willing to explore their life and faith through an 8-session journey with the Rev. Kate Wesch. Classes will be scheduled based upon interest and the schedules of the participants. At the end of the course, participants will have the opportunity to renew their baptismal vows or choose to be confirmed at the Bishop's visitation on Palm Sunday.

How to get in touch with us

Office Hours: Mon, Tues, Thurs 7:30-11:30 Wed, 12:30-3:30
Tel: (206) 567-4488.

You may leave a message at any time. Messages from the different boxes are recovered throughout the week.

Priest-in-Charge, Kate Wesch's email: Kate_Wesch@yahoo.com; Deacon Sally Carlson's email: deacon@holyspiritvas.hon.org
office e-mail: office@holyspiritvashon.org; Website: <http://www.holyspiritvashon.org> Fax: (206)203-4659

In an emergency call the Rev Kate Wesch, (512) 680-1927



Kate's Column

As Episcopalians, we are people of the prayer book. As long as there have been Anglicans, there has been a prayer book of some kind or another. Our prayer book has a long and winding history filled with tales of conflict, bickering, poetry, and compromise. Many parishioners will remember when we switched to the "new" prayer book in the 1970's and can tell us stories of the controversy, strife, and celebration that occurred as a result of its publication.

We are most familiar with a grouping of pages beginning somewhere around page 323 and winding down in the 390's. But there is so much more there to discover. I remember browsing page after page, even the dry historical documents towards the back as a bored teenager enduring endless sermons.

And can you recall the first time you ventured into unfamiliar territory to participate in a morning or evening prayer service or possibly compline at the end of the day?

The richness of our Book of Common Prayer is something to be savored and enjoyed, investigated and explored. It is full of all sorts of antiquated verbiage such as; rubrics, ember days, the Sanctus, ordinand, and pontifical. It flows and moves in a logical fashion beginning with liturgies for home use by families and rites for the daily office to be used in the parish. It provides proper liturgies for special days, like Ash Wednesday coming up later this month. Then, it moves to baptism because that is the entrance rite before engaging Holy Eucharist. Next appears the pastoral offices pertaining to the rest of the seven sacraments as we move through our life's journey. At the end of our days, comes the next liturgy, an Easter celebration of burial. And it continues...

The Book of Common Prayer speaks to who we are as Episcopalians. It gives rhythm to our days, our weeks, and our lives. It offers something unique and appropriate to many situations guides our spiritual journeys.

As we transition out of the Epiphany season, filled with light and life, and move into Lent this year, we will be picking up the prayer book more, feeling it between our fingers, and learning more about what lies between its covers. Consider it a Lenten pilgrimage. For some, it will be comfortable and familiar, for others it will be confusing and strange. Whatever this experience might be for you, it is a formational journey of which we are each participants and pilgrims. Be open. Be curious. Be brave.

In God's peace,

Kate

Vashon Community Care Center Ministry

Church services are provided at the VCCC at 9:15 am each Sunday morning by two teams of volunteers.

Team I consist of Gib Dammann and Deb Phillimore, and Bill and Betty Morse. This team has further split into two, each smaller taking one Sunday a month. Team I is responsible for the first and third Sundays of the month, in the Assisted Living area upstairs.

Team II consists of Joanna Gardner and Hannah, Jennifer Tapley, and Megan Belia and Charlie. This team is responsible for the second, fourth and fifth Sundays of the month, on the Skilled Nursing floor.

Doris Moots has been playing the piano every Sunday (on both floors). Her contribution to worship is invaluable. Team members are greatly appreciated by the residents: the residents get to know and welcome them. And residents become beloved to the team members. It is a rich and deeply rewarding experience. Anyone wishing to come for a Sunday is more than welcome, especially downstairs where we could use more singers (a good singing voice is not required; just bring your presence).

Pastoral Care Team

The Pastoral Care Team began at Church of the Holy Spirit in 2002 with training by and the guidance of Trudy James, of Multifaith Works in Seattle, who has provided pastoral care for many years. We receive on-going training through reading, discussion, workshops, classes and retreats. We work closely with our Priest-In-Charge, Rev Kate Wesch, and our Deacon, Sally Carlson.

ALL PASTORAL CARE CONTACTS ARE STRICTLY CONFIDENTIAL

Our mission is to serve the people of our church and community through home and hospital visits, prayers, cards, e-mails, telephone calls, and in other practical ways. Each member of the team is licensed by the Diocese as a Eucharistic

Visitor who can bring the Eucharist to you and celebrate it with you.

While each member is "on call" during two week rotations throughout the year, you may contact any member of the Pastoral

Care Team at any time. Our current members are:

Betty Hawkins, Chair, 463-5062; Megan Belia, 463-3657; Sue Bucy, 463-6345;
Hunter Davis, 567-4530; Wally Fletcher, 567-0068; Susie Kirschner, 567-4086;
Peggy Queary, 463-1977; Bob Weir, 463-3234

ON CALL:

Bob Weir-463-3234	Jan 25-Feb 7
Hunter Davis-567-4530	Feb 8-Feb 21
Betty Hawkins-463-5062	Feb 22-Mar 7

2009 Winter Feast for the Soul

The Winter Feast, a 40 day worldwide spiritual practice period for all who care about peace, continues until February 23rd. Join us on Monday evenings at the Land Trust Building at 7:00 p.m. February 2nd, Labyrinths presented by Betty Hawkins; February 9th, Yoga, Amy Huggins; February 16th, Dances of Universal Peace, Zubin Goldman and February 23rd, the closing celebration. Your spiritual practice could be prayer, meditation, yoga, art, journaling -whatever creates inner peace for you. For more information, watch for the upcoming Beachcomber articles, check out www.winterfeastforthesoul.com, or contact Zubin Goldman at 463-2620 or zubinmary@gm.com

More than \$290 was generated by the third week of January on our Thriftway receipt returns. Keep bringing in your receipts. Be sure you sign them and write your phone number on there, or they cannot be sent in.

Thriftway graciously returns 1% of all our purchases to the Wednesday Night Dinner fund.

Your Vestry

Senior Warden: Katharine Golding, 567-4614;

Junior Warden: to be chosen by the Vestry on their retreat, February 6th & 7th.

George Heidorn, 463-4266; Edgar Lee, 567-5002; Deb Dammann, 567-4268; Laurie Tucker, 463-9812;
Megan Belia, 463-3657; Mariette Spence, 463-4777; Bill Carr, 463-2669

The Story of the Flemish Harpsichord

My father, Arthur Myers, built the harpsichord, that is currently residing at the back of the church, for me. My dad grew up in New York City, was educated at Columbia as a mechanical engineer but spent his life working as a chemical engineer for DuPont. Although he was quite a talented guy, he knew absolutely nothing about music.

When I moved to Seattle in 1977, I started attending Christ Episcopal Church in the U District. There I met Don and MaryLou Brown, a Boeing engineer and public health nurse, respectively. We became close friends and they were a bit like surrogate parents to me as mine were on the East coast. I spent many evenings at their house and discovered Don's love of building harpsichords. He had three, and MaryLou wouldn't let him build another unless he sold one, so I borrowed one for my rental house. When my father saw it on a visit to Seattle he said he would build me one if I paid for the materials. In 1983, the journey began.

We selected a Hubbard Flemish kit that is a reproduction of one built in 1584 by Hans Moermans of Antwerp. It has two choirs or sets of strings, one at four-foot pitch and one at eight-foot pitch. The keyboard has a range of four and one-half octaves, which is large and unusual for an instrument from that period. The harpsichord, which preceded the piano, has plectra that pluck the strings rather than striking them. There is no way to amplify the sound as with the pedals on a piano, although one can play this instrument with either set of strings alone or both together, which changes the volume and the tone.

According to my mother, he enjoyed working on it, showed it off to his golfing partners (all DuPont engineers) and only had one major catastrophe, when he glued the top to the bottom and had to send off for a replacement lid. After building it, he applied the decorative papers for the interior and painted the soundboard. Being scornful of the price that Hubbard wanted for a bench, he created his own and asked me to make the cushion.

He and my mom rented a U-Haul truck and drove it from Wilmington, Delaware to Seattle where it lived in my Greenlake apartment, our home on Capital Hill, Dr. Koch's while we were building and finally into our new home in 2000. My dad never saw it here, but the year he died, 2003, I had it repaired, regulated and tuned in his honor.

Justin will be playing it during Epiphany and perhaps later in the year. I hope that you enjoy it. I know my father would be pleased.

-Nancy Kappelman

The Financial How-Goes-It for January



INCOME: We hoped to get \$14,073 in contributions, interest and other income. We got \$12,196.

EXPENSES: We planned to spend \$14,705 and actually spent \$15,782. This is not quite as bad as it looks, as we paid 2 months' telephone bills in January and our full assessment. This added \$729 to our expenses which will be recouped as the year progresses.



We ended the month with \$4,535 in our checking account. Our savings account of \$46,331 includes a General Operating Fund Reserve of \$15,000 which we have not had to touch.

Vestry Summary

Doug Clarke reported that the Diocese will forgive our past assessments that we have not paid if CHS will commit to incremental increases each year. The percentage the Vestry agreed to for 2009 is 83%. The Bishop requires each parish to pay their full assessment each month, and the Diocese will repay the parishes their discount at the end of each month. The Vestry decided to authorize Gib Dammann to have the Hermitage fogged for mold and to seal a layer of plastic over the windows to make the building usable. Sally presented the arrangements for our new carpet in Bennett Hall, which has already been installed, courtesy of the Wednesday Night Dinner group. Kate has set a goal of repaying WND 50% of their cost; contributions should be marked for "WND carpet." There continues to be a problem with downstairs doors being left unlocked. If you use Bennett Hall, please check all six doors before you leave.

The Annual Meeting was held Sunday. Kate thanked the retiring Vestry members, and other parish members, for their contributions to parish life in 2008. New Vestry members were elected. Your Vestry members for 2009 are: Katharine Golding, Senior Warden; Megan Belia, Bill Carr, George Heidorn, Edgar Lee, Deb Dammann, Mariette Spence, Laurie Tucker, and Diane Ward. Amelia Powers is the Clerk of the Vestry.

Bulbs Need Our Help

A generous donation of narcissus bulbs was made to the church from an Island merchant. We have several large bags of them, and they need to be planted right away.

If you have some time, just come up to the church with your favorite planting tool, grab a bag, and start in. The Landscape Committee asks that the Labyrinth and the Memorial Garden be avoided, but

other than those restrictions, you can be guided by your imagination and the Spirit.

We will all be able to enjoy the beautiful blooms, and be reminded that the long grey days of winter will not last forever.

Please help. Even if it is only a few, you will be giving life. Thank you.

Bennett Hall Tables Given New Life

Our tables in Bennett Hall get a lot of use, and we depend on them to be available for our every need. So, when one set of legs broke completely off, it was a minor emergency.

Reading the note in the News of the Week, asking for a welder, Bruce Hegenauer agreed to take on the task of repairing the table.

Within a week the table was back, strong and straight; the legs had even been freshened up with a coat of paint.

Thanks, Bruce, for keeping the table in good working order!

CELEBRATING THE AFRICAN-AMERICAN IDENTITY IN THE EPISCOPAL CHURCH

A Celebration of Absalom Jones
First Episcopal priest of African Descent

February 13—14, 2009
St Mark's Cathedral
1245 10th Avenue E
Seattle, WA 98102

Friday evening – 6:00pm Reception
Saturday – 10:00am Eucharist and Workshops

Featured Presenter: The Rev. James Yarsiah:

Topics:

Making the Vision of Absalom Jones a Reality in the 21st Century

Challenges/Obstacles and Possibilities in the Black Episcopal Church

Registration: \$15 (includes reception Friday night and lunch Saturday)

For registration or for additional information please contact:
Carla Robinson, Office of Ethnic Ministries 206-325-4200 x2047 or
crobinson@ecww.org

